IMPACT REPORT 2025 - 2026



NEW ENGLAND HEALING SPORTS ASSOCIATION

Mission

NEHSA serves individuals and families through adaptive sports, promoting healing and accomplishment.



A world with strong, supportive communities providing full access to natural resources, an active lifestyle, and the highest possible level of independence.

Vision






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Program Coordinator

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Bookkeeper/Grant Writer

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Executive Director's Message

Dear NEHSA Friends,

As I reflect on the 2025–2026 year at NEHSA, I am filled with gratitude for the incredible community that makes our work possible. This year, we continued to expand opportunities for people with disabilities to experience the outdoors through adaptive skiing, snowboarding, hiking, kayaking, paddleboarding, and pickleball. Across every program, I was reminded that adaptive sports are about so much more than recreation—they create opportunities for confidence, independence, connection, and belonging.

Our commitment to serving Veterans also remained a cornerstone of our work. We are proud to provide Veterans with disabilities opportunities to participate in adaptive sports at no cost, and we continue to see the profound impact these experiences can have. None of this would be possible without our dedicated volunteers, generous donors, community partners, and staff. Their time, energy, and belief in our mission are what allow NEHSA to continue changing lives year after year.

As we look ahead, NEHSA is entering an exciting period of growth and possibility. Through our Vision 2030 Strategic Plan, we are thinking intentionally about how we can expand our reach, strengthen our programs, and create even more opportunities for adaptive recreation. We are exploring new programming, including adaptive cycling, while also looking at the facilities and resources we will need to support NEHSA's future.

I am incredibly proud of what we accomplished together this year, but I am even more excited about what lies ahead. For more than 50 years, NEHSA has shown what is possible when a community comes together to remove barriers and create opportunity. I look forward to continuing that work with all of you—and to seeing just how much further we can go.

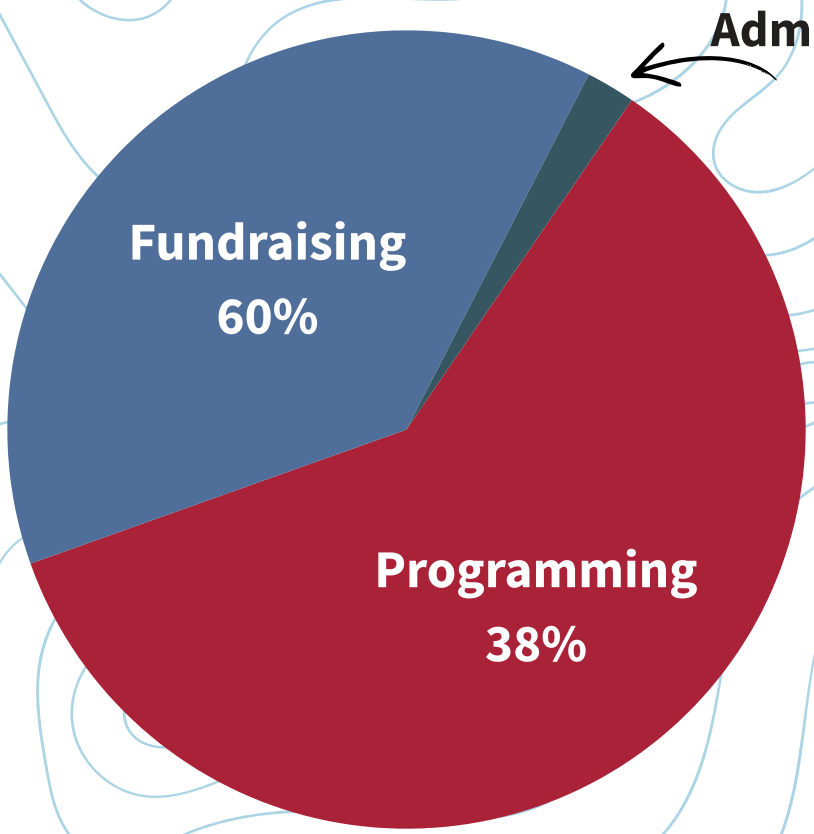
With gratitude,
Carly Bascom, Executive Director

FINANCIAL OVERVIEW

TOTAL UNRESTRICTED INCOME

FY 2025-2026

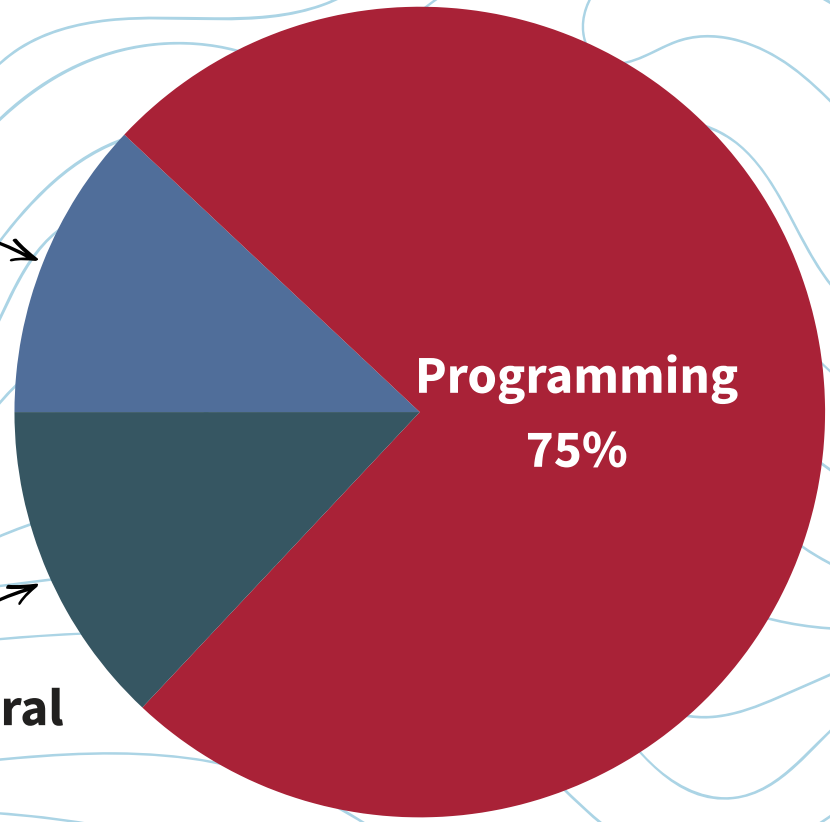
$480,687



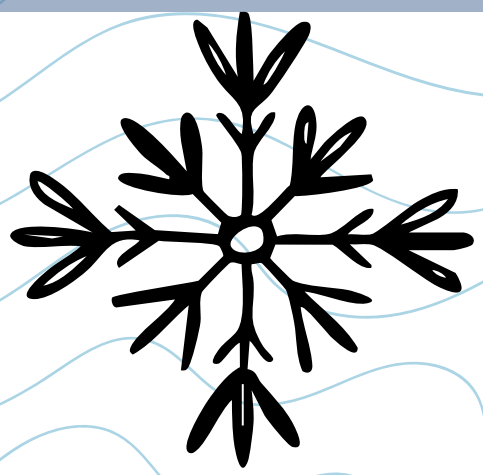
PROGRAM SERVICE EXPENSES

FY 2025-2026

$447,138



FUNDRAISING HIGHLIGHTS



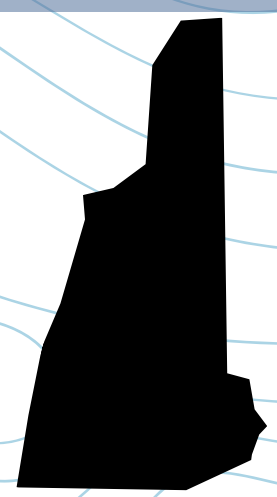
Ski & Ride-A-Thon

$63,503



Golf Tournament

$12,102



NH Gives

$20,435

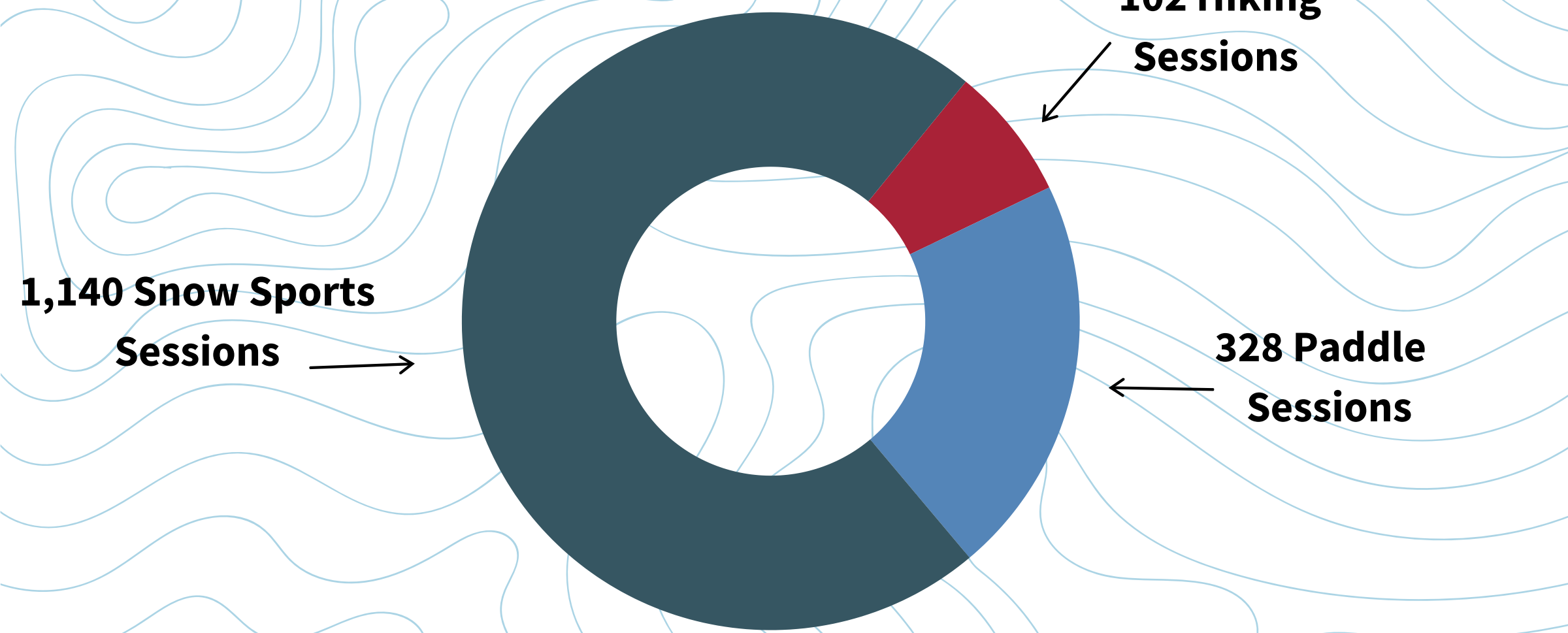








PROGRAM BREAKDOWN



We had 242 wonderful volunteers join us, donating 14,035 service hours. We couldn't have done it without their selflessness and compassion!

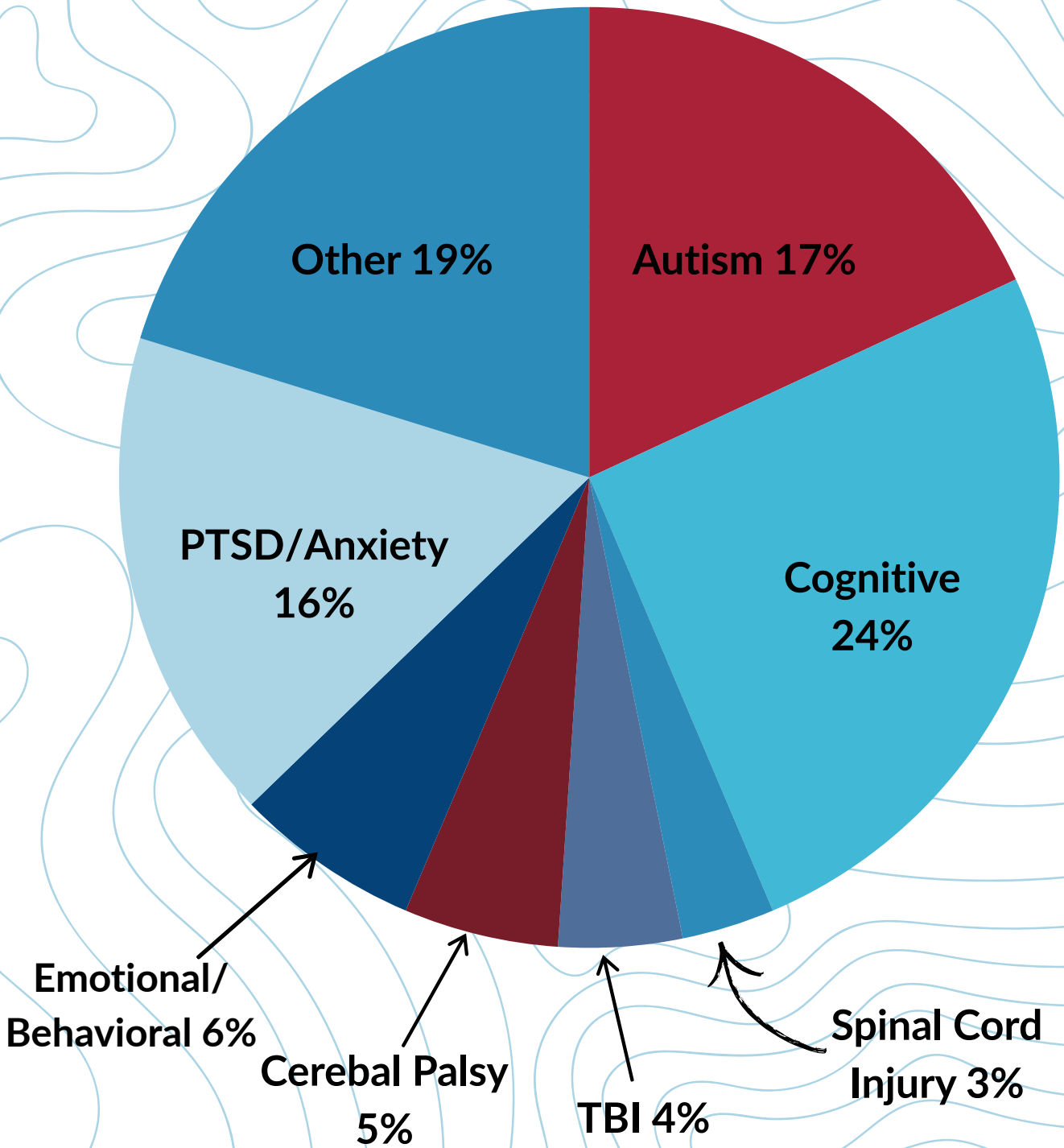
DEMOGRAPHICS

606 **Total Unique Athletes**

237 Adult Athletes | **215 Veteran Athletes** | **154 Youth Athletes**









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“I cannot thank you enough for giving me a part of my life back. Amazing people, amazing program. I can’t wait until I can become a volunteer.”

-NEHSA Athlete

NEW ENGLAND HEALING SPORTS ASSOCIATION

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