ANNUAL REPORT

2022-2023

NEW ENGLAND HEALING SPORTS ASSOCIATION MOUNT SUNAPEE, NH





Our Mission:

NEHSA serves individuals and families through adaptive sports, promoting healing and accomplishment.

Our Vision:

A world with strong, supportive communities, providing full access to natural resources, an active lifestyle, and the highest possible level of independence.

Dear NEHSA Friends.

As we close out another great year and look forward to what I am confident will be many exciting moments ahead, I am proud to present you with the 2022-2023 NEHSA Annual Report. As you read through this report, taking note of all that our great organization has achieved throughout the year, please know that none of it could have been made possible without the wonderful dedication and generosity from our community of supporters.

Because of your belief in our mission and support for our cause NEHSA was able to offer 1,248 adaptive sports sessions; an overall increase in programming by 10%. Additionally, we welcomed 190 brand new athlete participants, which is approximately 44% of our total athlete population this year. And though it's been 51 years since our inception, we have never forgotten the importance of our Veteran roots. This year, NEHSA served 137 Veteran athletes--a 17% growth from last year.

With your ongoing support, NEHSA will continue to make these great strides; providing adaptive sports sessions of the highest caliber, igniting confidence within our community, and ensuring equitable access for all that choose to adventure outside with us.

I continue to be humbled by all that you have done to support NEHSA along the way, and have the utmost appreciation for each volunteer, athlete, donor, community partner, board member, and staff member that has helped get us to this point.

> With Gratitude, Carly Bascom, Executive Director

The NEHSA Team

Carly Bascom

Executive Director

Kelly Allen

Program Coordinator

Carol Sullivan

Office Manager

Maria Fair

Bookkeeper/Grant Writer

Board of Directors:

Sue Mills, President
Kendall Buck, Vice President
Nick Faitoute, Treasurer
Terri Fainer, Secretary
Cindy Fitzgerald
Don Hayes
Ralph Marche
Mark McDonald
Jared Minton
Mike Moran
Deirdre Murphy
Mary Plummer, Honorary Member

President's Message

Since my first season as a NEHSA volunteer during the 2005 – 2006 season, I have experienced the joy of watching the confidence ignite in countless participants after a day at NEHSA.

That first season was the launch of NEHSA's year-round programming, and I feel fortunate to have witnessed watching NEHSA grow from a 'ski club' to five-star, year-round adaptive program.

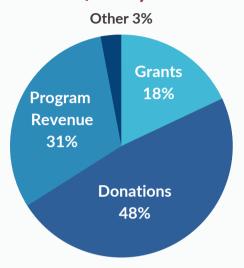
As a member of the Board of Directors, it has been an honor to work with our dedicated staff, volunteers, interns, and fellow members of the Board as we follow our mission and continue our path to a strong future.

On behalf of the Board of Directors, thank you to our donors, partners, staff, and volunteers for your dedication to our mission. We can't wait to provide more joyful experiences to our athlete population in the coming year and into the future.

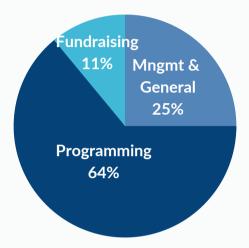
Sincerely, Sue Mills NEHSA Board President

FINANCIALS

Total Unrestricted Income FY 2022-2023 \$369,627



Program Service Expenses FY 2022-2023 \$346,050



Fundraising Highlights



Golf Tournament \$15,120



Sunapee Triathlon \$3,000



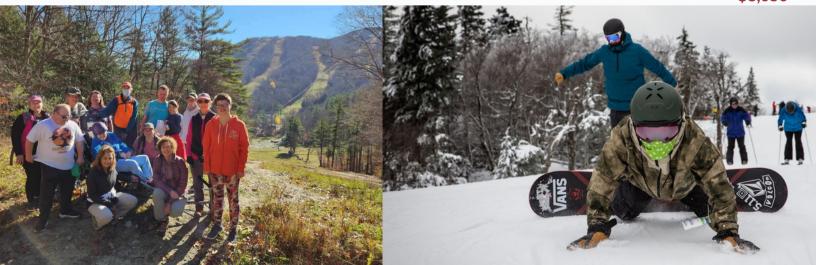
Ski & Ride A-Thon \$55,905



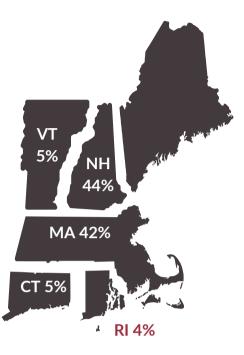
NH Gives \$28,860



Community Challenge \$8,050



Demographics



Other Regions 2%

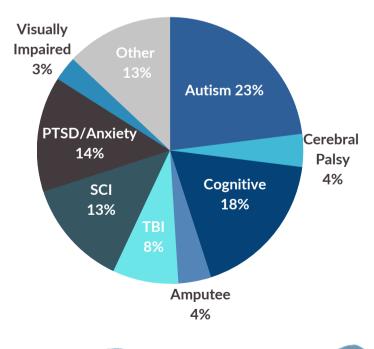
Youth 29% Veterans 32%

Our Athletes



Adults 39%







"I volunteered and joined the NEHSA team in December of last year. I had seen adaptive sports in more limited forms in other local resorts and always stood in awe of the courage of its participants and the skill and understanding of the people who facilitate their efforts. All the while, I never realized NEHSA was looking for volunteers. What a great opportunity it has proven to be, helping me grow in many ways as I give my time to help others succeed."

-Mark McDonald. Volunteer



"Thank you to everyone at NEHSA for the best winter I have had in a long time! You all are so caring and go above and beyond your duty to help us Veterans. I will miss seeing you all, and I cannot wait for next winter!"

-Veteran Athlete



Acker, Emily Adam, Frank

Alexander Eastman

Foundation Alfred Griggs AmazonSmile

American Legion - Post 29
American Online Giving

American Payroll Service, Ltd.

Andersen, Tracy

Anderson, Melody & Colin

Anderson, Patty Asbury, Lloyd Attwood, William Aurich, Ann & Butch

Bachus, Briana Bacon, John Badger, Michael Bannister, Jamie Barile, Michael

Barnett, Sheila & John Barrett, Christopher Barrett, Tom & Nancy

Barrows, Scott

Barton Insurance Agency

Barton, Judy
Bascom, Carly
Bascom, Cyndy
Bascom, Jonathan
Bascom, Olivia
Bascom, Phil

Battelle Always Giving

Bedard, Julie Bedard, Steven Belevich, Matthew Bell, Sandy Beman, Nancy Benevity Fund Berger, Brian

Berk-Silverman, Eytan

Bertolatus, Matt Bickford, Lesa Bielecki, Jen Birch, Anna Bjork, Rebekah Blohm, David Bloomberg, Family

Blue Loon Bakery Bolden, Dylan Booty, Helen Bosworth, Ryan

Bouchar, David & Laurie

Boudreau, Walker

Bourque, Ivy
Bradley, William
Bramhall, Devin
Bramlett, Stephanie
Brenda & Jim Knight
Brennan, James

Brennan, Margaret Brocca, Michele Bronstein, David Brown, Jason Bruss, Deborah Bryck, Patti Buck, Kendall Buck, Lorenna Bullock, Melissa

Bundschuh, Lex & Pete

Cahill, Brian

Cahill, Thomas

Calanan Morassi, Danielle

Caram, William
Caramagno, Merrill

Carmen Clemintine Foundation

Caron, Lucas

Carroll, Rhina & Steve

Carrubba, Joe Carter, Christy Casey, David Cassell, Lisa Castro, Simon Cha, Paul

Charity Gift Certificates
Charity Golf International

Chemtob, Mark

Church of the Good Shepherd

Foundation Ciccone, Lydia

Citizens Charitable Foundation

Claremont Savings Bank

Clark, Laura Cleveland, Nancy

Clough, Joe Cohen, Alison Cohen, Fran

Coiffredi & Associates Physical

Therapy

Coogan, James Corinda, Ellen Corkins, Kathy Correa, Steve Cossaboom, Kelly Coulter, Brandi Craig, Janice

Croog, Jonathan Crosby, Laura Cross, Deborah

Crowley. Leo & Genevieve

Crump, Jeffrey **Curley. Matthew** Currie. Patricia Cutler. Dan Cutts. Andrea Czerepak. Peter Daigle, Karen Dale, Louise

D'Allesandro, Christina

Dapice, Robert Davis, Margot DeCourcy, Jen Delaney, Colleen Deluca, Susan Demby, Elayne Depalma, Jon Derow, Robert Devine, Jessica Dhar, Vilas & Julia Dietel, Carolyn

Dimizas, Charlie Dirrane. Tara

Dunn, Steve

D'Olympia, Austin & Noah

Donahue, Patricia Donovan, Drew Donovan, Kerry Dostoomain, Jamie Downey, Julie Drew. Brooke **Duggan, Timothy**

Dupree, James Eaton, Joan Eaton, Susann

Eckenrode, Ann & Bob

EDI Pavments Ellinger, Deborah Ellmer, Kristy

Emmerling, Mary Ellen

EnviroVantage Evans. Mike Fainer, Terri Fair. Jeffrey Faitoute, Dan

Faitoute, Jacqueline

Faitoute, Nick Feeney, Catherine Fenton, Hannah Ferm, Alison Field, Clifford Fieldstone. Heidi Finnerty, Sheila Fitzgerald, Cynthia Floorcraft, LLC

Four Seasons Sotheby's

International Fox. Ken

Fontaine, John

Fregosi, Catherine Gabelman, Amanda Gaboury, Mark Gaffney, Jamia Gallagher, Matt Gammon, Kara Gartley, Lee Garvey, Lauren

Gaul, James Geer. Mark Gell, Jeff George, Erin

The George F. and Sybil H. Fuller

Foundation Gilbert, John Gilgun, Melissa Gillikin, Bruce

Gingerbread Portraits

GiveGab.com Gletow. Allison Goldsher, Allan Golub, Bob Goole, Tyler Goulet. Kaelin **Gray**, Jeffrey Greenberg, Ike

Greenbriar Capital Group

Greene, Jason Gregory, Kris Griffin, John

Griffiths, Clark & Happy

Grossman, Kathy **Grubman, James** Gutro, Dawn Hanson, Lindsay Hardgrave, Jason Harris, Kathryn

Harvard Lions Foundation

Harvey, Sara Harvey, Tobin Hayes, Don Head, Brian

Heffron, Roberta

Herrick, William
Herzog, William
Hewitt, Anne
Hilliard, Kathleen
Hoeskstra, Peter
Holbrook, Linda
Holmes, Nicholas
Holmes, Pamela
Hope, Emerson
Horcholle, Alban
Howell, Henry
Hrabowski, Robert
Hunsaker, Lee
Hutchins, Dwight

Irving Oil Corporation

Irwin, Dave

Ignacio, Warren

The Jack and Dorothy Byrne Foundation, Inc.

Jacobs, Dan Jefferson, Elaine

Jeffrey B. Gray 2000 Trust

Jennings, Warren
Jesanis, Michael
Johnson, Kelly
Johnson, Robert
Johnstone, Bruce, Jr.
Jones, Martin & Ann

Juliano, Laura Kapadia, Tanveer

Keenan, Nancy & Peter

Kelley, Kevin Kellner, Drew Kellner, Russ Kellner, Ginny Kew, Deb Kidder, Lizzy Kingsbury, Mikael

Kirby, Myuki Klein, Emily

Klipper, David Daniel

Kopp, Michael Krilla, Kenneth Kropp, Sheryl Krueger, Debora Kumar, Amit Kurr, Katherine LaFountain, Burt

Lague, Ted Lai, Julius

Laneri, Margaret Langfield, Brandie

Langley, Tina

Langmuir, Stevenson Lantz, James & Amelia

Lantz, Megan

Laperriere, Andrew LaPorte, Diane & Mark

LaRosa, Lisa Larson, Liz

Lavalley, Weslea

Lee, Shihui Levine, Jake Lewis, Daniel

Litty, Ann & Thomas

Lively, Nancy

Lobdell, Dan & Cathryn Lally

Lockhart, Carolyn

Low, John

Lucas, Stephen & Matt

Lukic, Family

Lumbard & Kellner, LLC Luscinski, Ray & Betsey Lynn, Susan & Morton Lyon, Robert & JoAnn

MacCurrach, Allan

MacDonough, Ellen & Joe

MacIntosh, Michelle

MacKay, Robin

MacLellan, Ignatius

Macon, Lance

MacVittie, Robbin

Magnani, Guy Maietta, Melissa Mandell, Rhoda

Mansfield, Posie

Marche, Ralph & Nancy

Marin, Nancy Marko, Julia Marshall, David Marshall, Nancy

Martone Levine, Kristin

Martone, Karl
Masello, Cheryl
Mathias, James
Matthess, Kirby
McAllister, Marcia
McCabe, Christieann
McCoole Adams, Kelley

McDonald, Mark
McCrillis, William
McFarland, Julie
McGuire, Mary
McKay, Mike
McKee, Chris

McKenna, Kevin & Kathy McLaughlin, Meghan McLaughlin, Ryan McQuade, Loretta McSharry, Amanda Meissner, Tom & Tara

Messer, Sandra

Milestone Engineering and

Merchant's Auto Group

Construction

Milestone Real Estate, Inc.

Millennium Running

Mills, Sue & Lloyd Minton, Jared Mitchell, Susan Montara, Michael

Moore, Paul Moran, Gerald Moran, Michael

Morgan Hill Bookstore

Morin, Lauren
Morrissey Goodale

Morrissey, Ryan Morse, David Morse, Jonathan Moses, Joel & Ruth Moult, Elizabeth Move United

Mueller, Tim & Diane Muller Boatworks Inc. Muller, Katherine

Murphy, Brendan Murphy, Deirdre Murphy, Kaitlyn

Murphy, Kevin

Naiden, Jason

Nathan Cummings

Foundation

Nechanicky, Jeff

Newell, Susane

NH Charitable Foundation

Nigro, Jean

Norwood, Theresa

Okike, Christine

Olson, Richard

O'Neil, Kevin

Orr, Maggie

Osborne, James

Ostroff, Emily

Palmer, Denise

Palmer, John

Paradis, Jane

Parker, Ginny

Parshley, Sara

Pasqualino, Vince

Paypal Charitable Giving

Fund

Pennington, Dean

Perkins, Pamela

PEW Research

Piccuci. Charlene

Pieroni, Cecilia

Pieroni. Louis & Chris

Portsmouth Elks #97

Pratt, Elliott

Prescott, Dane

Priest, Stephen

Quackenbos, George

Query, Allison

Rainaud, Ted

Red River Technology

Foundation

Reitano, Michael

ResCare Inc.

Reynolds, Mark

Richards, David

Richer, Scott

Riedel, Jon & Susan

Rissolo, Marianne & Bob

Robb, Katherine

Robbins, Diane

Roberts, Theresa

Robertshaw, Stephen

Robertson, Trace

Robin Hill Farm

Rodriguez, Justin

Rolke, Zachary

Roos, Nicole

Rosales, Matthew

Rothman, Adam

Roy, Linda

Roy, Megan

Rucci, Carolyn

Rucci. Edmund

Rucci, Peter

Ruel. Donna

Rullo, Paul

Rullo, William

Kullo, William

Ruppel, George

Ryan, John

Ryan, Kevin

Safford, Lori

Janora, Lon

Sanborn, Dick

Sanchas, Robert

Sauer, Cindy

Schroeck, Florian & Hedwig Schwehr, Anna Sears. Melissa **Sethness Family Foundation Shackleford Foundation 2023** Shaffer, Wesley Sharp, Michele Shifrin, Neil Shippee, Merri-Anne Sierra, Denis SIG Sauer Sinner, Eugene Sinner, Henley Sinner, Melissa Skatrud, Alisa Slack, Kathleen Small, Linda Small, Seymore Smith, Cynthia Smith, Kelly Smith. Nick Smith, Peter & Arlene Sokoloff, Elaine Son, Lauren Sorensen, Amy Sorensen, Cristy Souza, Rob Spencer, Brett Springer, Stephen Squires, Marc St. Pierre, Leslie & Cathy Stark, Crista & Bill Stark, Jennifer Stoehr, Douglas Stokes, Peggy

Walker. Decker Walsh, Patrick We Help You Help Others Webster, Jordan Weldon, Frank Welsh, Richard Wensel, Walt Wheeler, Paige Wheeler, Susan Whinnem, Ron & Mary Wiener, David Woodrow, Randi Woods, Wendy Wright, Alexander Wyatt, Judd Yarvitz, Judy Yordanova, Denitsa Young, David Young, Drew Zanchi, John Zenaro, Veronica

