



ANNIVERSARY EDITION



NEW ENGLAND HEALING
SPORTS ASSOCIATION

2021-2022
ANNUAL REPORT

(603)763-9158

www.nehsa.org

info@nehsa.org

DEDICATION

"What NEHSA means to me after 50 years of being a member-- It's been my life over the past years to do what I love to do, help people like myself with disabilities. I learned to ski when I was 35 years old, having never participated in anything such as this sport. I was nicknamed the purple plum. I was on the board of directors for many years. I am now an honorary member. I enjoy meeting new people and helping them with the same experience I had-- Learning to ski! I have worked with a lot of wonderful people over the years. I now sit back and watch NEHSA grow. God Bless NEHSA...."

Mary Plummer,
aka Nana NEHSA
*-Longtime NEHSA Athlete,
Volunteer and Friend-*





Dear NEHSA Friends,

As we round out NEHSA's 50th winter season, I cannot help but to look back at the rich history established by our founders 50 years ago. With humble beginnings, NEHSA originally formed as a way for injured Vietnam Veterans to reintegrate back into society, re-learning a sport they once loved--skiing.

Now in 2022, we host a fully year-round menu of programming to any person with adaptive needs, proudly offering skiing, snowboarding, and snow shoeing in the winter, and kayaking, paddleboarding, and hiking in the spring, summer, and fall.

The 2021-2022 year was yet another challenging one for NEHSA as we navigated a world where COVID's existence persisted. I am happy to report that despite those challenges, we hosted more kayak sessions than we ever have before, and nearly doubled our winter program numbers from the year prior! Additionally, we added a fully accessible hiking program to our offerings, hosting 70 opportunities within the first season.

We've accomplished so much together in the last 50 years, and it isn't lost on me that our great achievements are a direct reflection of the tremendously strong level of support from our athletes, volunteers, donors, and community partners. You all are the heart of this organization, and I cannot wait to see what the next 50 years of NEHSA looks with your continued support.

Thank you to the summit and back!
Sincerely,
Carly Bascom, Executive Director

OUR MISSION

NEHSA serves individuals and families through adaptive sports, promoting healing and accomplishment.

OUR VISION

A world with strong, supportive communities providing full access to natural resources, an active lifestyle, and the highest possible level of independence.

**MOVE
UNITED
MEMBER**



The NEHSA Team

Carly Bascom

Executive Director

Henley Sinner

Program Coordinator

Carol Sullivan

Office Manager

Maria Fair

Grant Writer/Bookkeeper

Board of Directors

2021-2022

Officers:

Ralph Marche-President

Kendall Buck- Vice President

Rod Smith- Treasurer

Mike Vulpis- Secretary

Members:

Don Hayes

Cindy Fitzgerald

Sue Mills

Jared Minton

Sue Mitchell

Mike Moran

Deirdre Murphy

Mary Plummer- Honorary Member

President's Message

With the ongoing impact of COVID-19 during the past season, NEHSA has continued to thrive by doing what we do best -- adapting! Our Board of Directors worked closely with staff to create a Safety Committee to set parameters across all disciplines to ensure the health of everyone. Thanks to the dedication of NEHSA's volunteers and staff, our programs continued through the season without any major interruptions, and our participants continued to benefit from the confidence-building support our organization provides those seeking to learn adaptive sports techniques.

We look forward to 2022/2023 with excitement and enthusiasm! Planning for winter pre-season clinics is underway, a very successful and busy kayak season is wrapping up for 2022, and the fall hiking season will be underway soon.

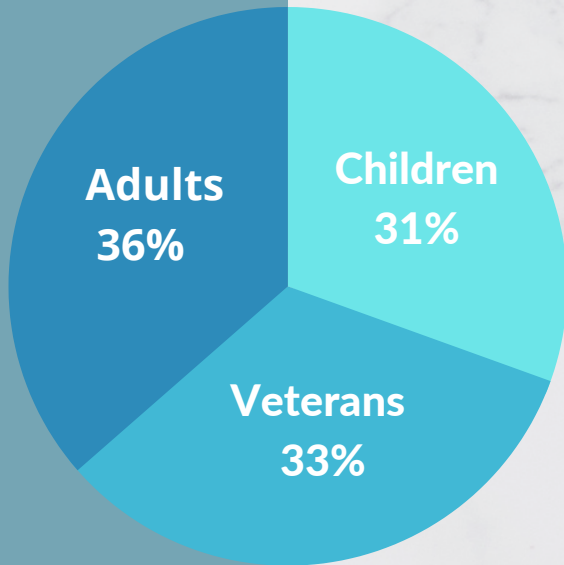
A very special THANK YOU to our donors. Without your generous support none of this would be possible.

Sincerely,

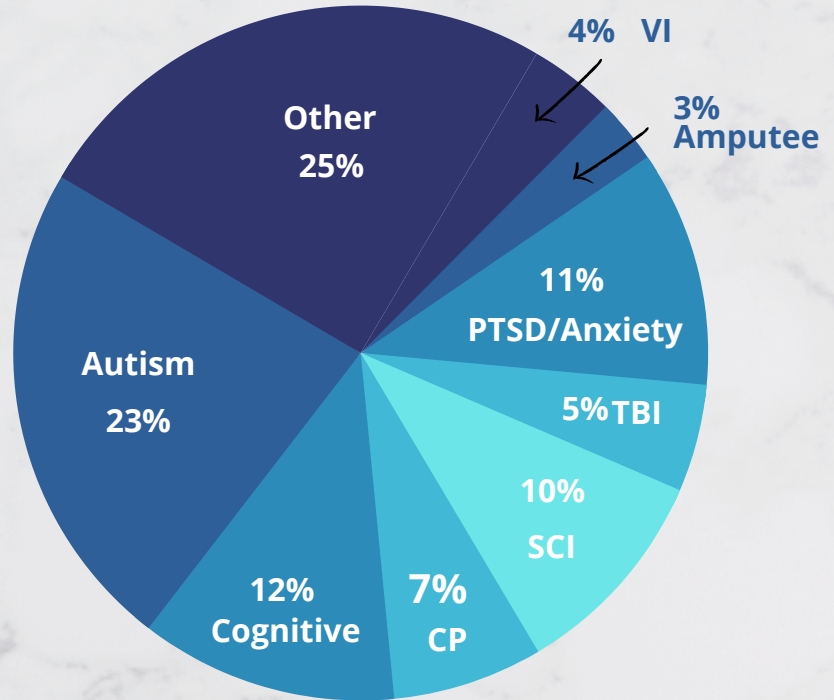
Sue Mills, Current NEHSA Board President

DEMOGRAPHICS

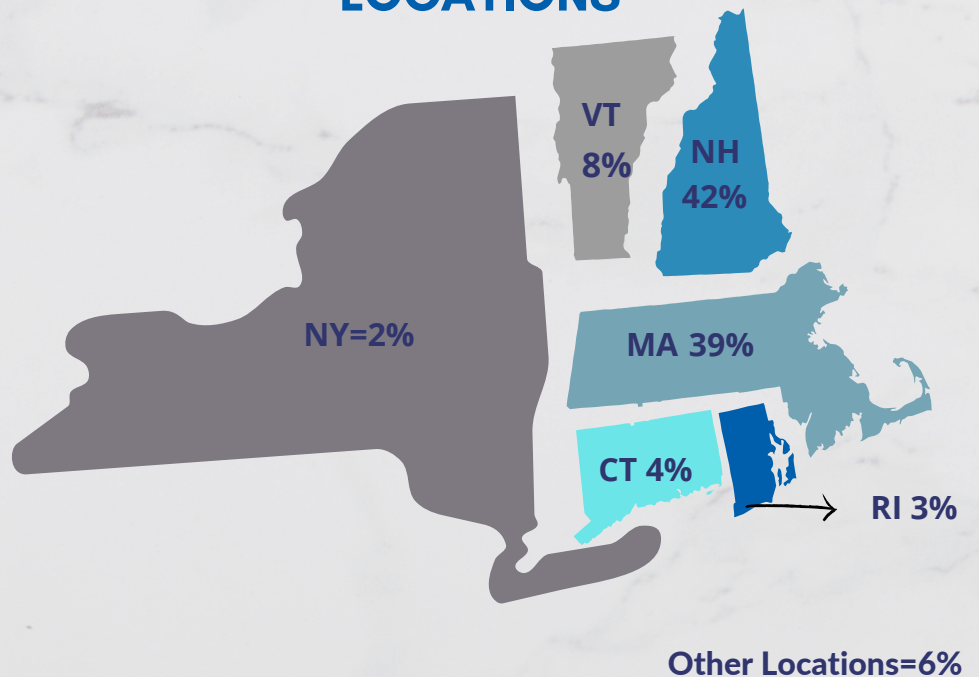
OUR ATHLETES



ATHLETE DIAGNOSTIC GROUPS



ATHLETE GEOGRAPHIC LOCATIONS



IGNITE CONFIDENCE!



"I had never been so proud in my life. At that moment, I felt like I was important. I could change things. Simply by having a conversation, I changed somebody's perspective on something."
- Terrence, NEHSA volunteer



"It was by far one of the most rewarding experiences I have ever had. To see the broad smiles on the athletes faces, words of appreciation, high fives, as they made their individual goals on the mountain captured my heart."
- Tina, First Year NEHSA Volunteer

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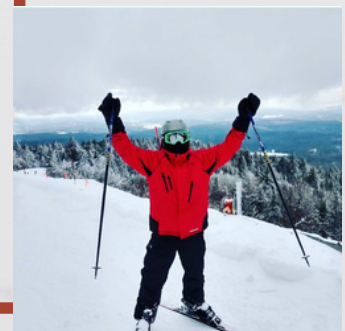
**Volunteers
Contributed**

9,613

Hours

Seven years as
an athlete,
now an
instructor!

- James, Amputee &
NEHSA volunteer



"WITNESS THE TRIUMPH OF THE HUMAN SPIRIT"



"To see the huge smile on John's face when he took the last few steps to the very top and hearing him say 'best day of my life' as he looked out at the view. He still talks about that day with a smile every time." -Eric O.

"It was amazing to watch Ike learn how to ski this winter! We are so thankful for NEHSA and all of the volunteers and staff, thank you so much! - Ike's parents

"I can't believe I learned how to ski! I am going to go even faster next winter!"
- Ike, first year athlete



398

**Athletes
Served**

37%

**Increase in
Athletes**



PROGRAMS



70

Adaptive Hiking Experiences



316

Adaptive Kayaking Experiences



753

Adaptive Ski & Ride Lessons

HIKING

NEHSA was extremely excited to add hiking and snowshoeing to our program lineup! Hikers explored a variety of trails and peaks through use of equipment purchased with a \$32,000 Ability Equipped Grant through The Hartford and Move United.

KAYAKING

Kayaking takes us to many lakes and bodies of water in NH and throughout the New England region, reaching a large volume of Veterans with disabilities, school groups, and anyone looking for access on the water.

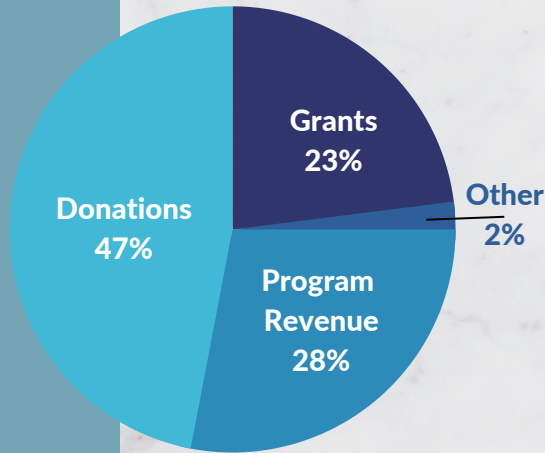
SKI/RIDE

Located at beautiful Mount Sunapee, NEHSA's Ski & Ride program is the largest of our adaptive sports offerings, hosting snow sports lessons 7 days per week all winter long!

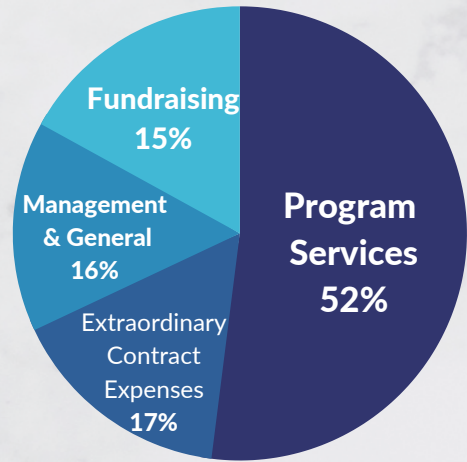


FINANCIALS

TOTAL UNRESTRICTED INCOME
FISCAL YEAR 2021-2022
\$367,000



PROGRAM SERVICE EXPENSES
FISCAL YEAR 2021-2022
\$342,702



FUNDRAISING HIGHLIGHTS

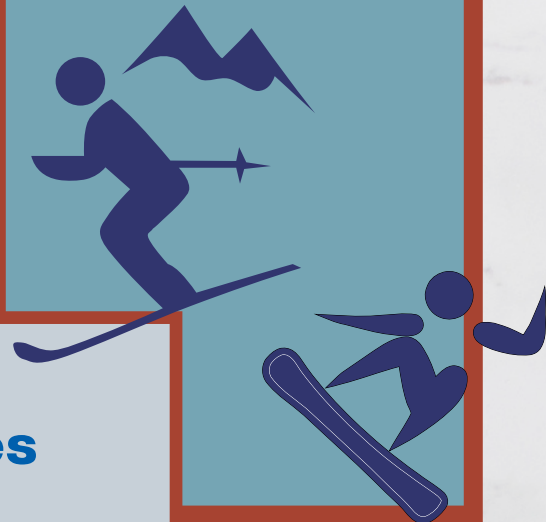
Golf Tournaments
\$17,893



Triathlon
\$3,000



**Ski/Ride-
A-Thon**
\$49,681



**Community
Challenge**

\$2,779



NH Gives
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